

# A COMMITMENT TO THE COMMUNITY

## CARING FOR OUR NEIGHBORS

## ROCKTON AVENUE CAMPUS

The Mercyhealth Rockton Avenue campus has grown by leaps and bounds over the past two years. In one short year, Mercyhealth has invested more than \$10 million in the campus. Here are just a few highlights of the services that have been enhanced and added to the Rockton Avenue Campus:

### PREHOSPITAL AND EMERGENCY SERVICES CENTER

This 16,500-square-foot training facility offers paramedic and emergency medical technician (EMT) certification and ongoing training, as well as American Heart Association-approved CPR, first aid, casualty care training, and other training for health care professionals. It is also the home base for MD-1 and Mercyhealth REACT.

### Paramedic and EMT Training



Mercyhealth's MD-1 vehicle is staffed by board certified emergency medicine physicians.

The facility boasts state-of-the-art equipment for first responder training, including classrooms for educational training and a state-of-the-art simulation laboratory providing practice emergency scenarios. Mercyhealth also has an ambulance-based "mobile simulation lab" utilized on the road for firefighters, paramedics and EMTs at local fire stations.

### Casualty Care Training

Mercyhealth's highly trained emergency physicians also offer a unique program called casualty care training, which provides instruction to schools and workplaces. This program teaches lifesaving measures for use in emergency trauma situations.

### MD-1 Emergency Response Program

Through the MD-1 emergency response vehicle, Mercyhealth brings hospital-level care directly to the scene of accidents and medical emergencies. MD-1 is a medically equipped vehicle staffed by board certified Mercyhealth emergency medicine physicians. While paramedics and EMTs are well trained and equipped to handle a wide range of emergency situations, MD-1 expands upon those capabilities by offering additional equipment, medications and resources. Mercyhealth sends MD-1 to community events and to particularly dangerous or difficult situations. "The MD-1 truck contains all the equipment needed to stabilize critically injured trauma patients," says John Pakiela, DO, FACEP, Associate EMS Medical Director and REACT Director for Mercyhealth in Winnebago County. "We act in conjunction with the local emergency medical services professionals. We have certain medications that the ambulances don't carry, and our physicians have advanced trauma skills and equipment to treat complex trauma patients in the field outside the hospital, including video airway equipment, chest tubes, central lines and portable ultrasound."



The Prehospital and Emergency Services Center utilizes high-tech simulators to train EMTs and paramedics.

Over the last two years, the health system has expanded and improved the Mercyhealth Hospital-Rockton Avenue campus:

- Prehospital and Emergency Services Center - a 16,500-square-foot facility that offers many different kinds of training and other services, including:
  - Paramedic and EMT training
  - Casualty care training
  - MD-1 Emergency Response Program
  - Mercyhealth REACT
- Orthopedic Center of Excellence - several new adult orthopedic surgeons and one pediatric surgeon specialize in a variety of treatments and surgeries, including sports medicine, joint replacement, hand surgery and trauma surgery
- Small Baby Unit - offers a healing environment for babies weighing less than 2.2 pounds
- Cancer Center - newly renovated infusion center
- Robotic laboratory technology - provides faster, more predictable test results for blood and urine samples

The Mercyhealth REACT team has transported hundreds of patients over the last three decades.



### Mercyhealth REACT

Regional Emergency Acute Care Transport (REACT) is Mercyhealth's critical care transport team. The crew is trained to care not only for adults and children, but also high-risk obstetric patients and the tiniest babies who need care at the region's No. 1 center for moms

and babies — Mercyhealth's Level III (highest level) Neonatal Intensive Care Unit. REACT is available 24 hours a day, seven days a week to provide emergency transport from any hospital in the region. When crew members are not performing transports, they follow up with patients and teach trauma skills to paramedics

and nurses. Mercyhealth recently added a state-of-the-art helipad at the Rockton Avenue campus to receive and send patients via the REACT helicopter. The helipad includes an automated snowmelt heating system, which ensures that it is always clear of ice and snow.

### ORTHOPEDIC CENTER OF EXCELLENCE

Mercyhealth opened its Orthopedic Center of Excellence at the Rockton Avenue campus in 2016. The \$5 million project included a complete renovation of the fourth floor of the physicians' building, new X-ray technology, 22 exam rooms, two cast rooms, waiting area and furnishings. With this new investment, Mercyhealth welcomed several new adult orthopedic surgeons and one pediatric surgeon at the facility providing orthopedic care for all ages. The orthopedic physicians each specialize in a variety of treatments and surgeries, including sports medicine, joint replacement, hand surgery and trauma surgery. The Center has one of the few pediatric orthopedic surgeons in the region to care for children.

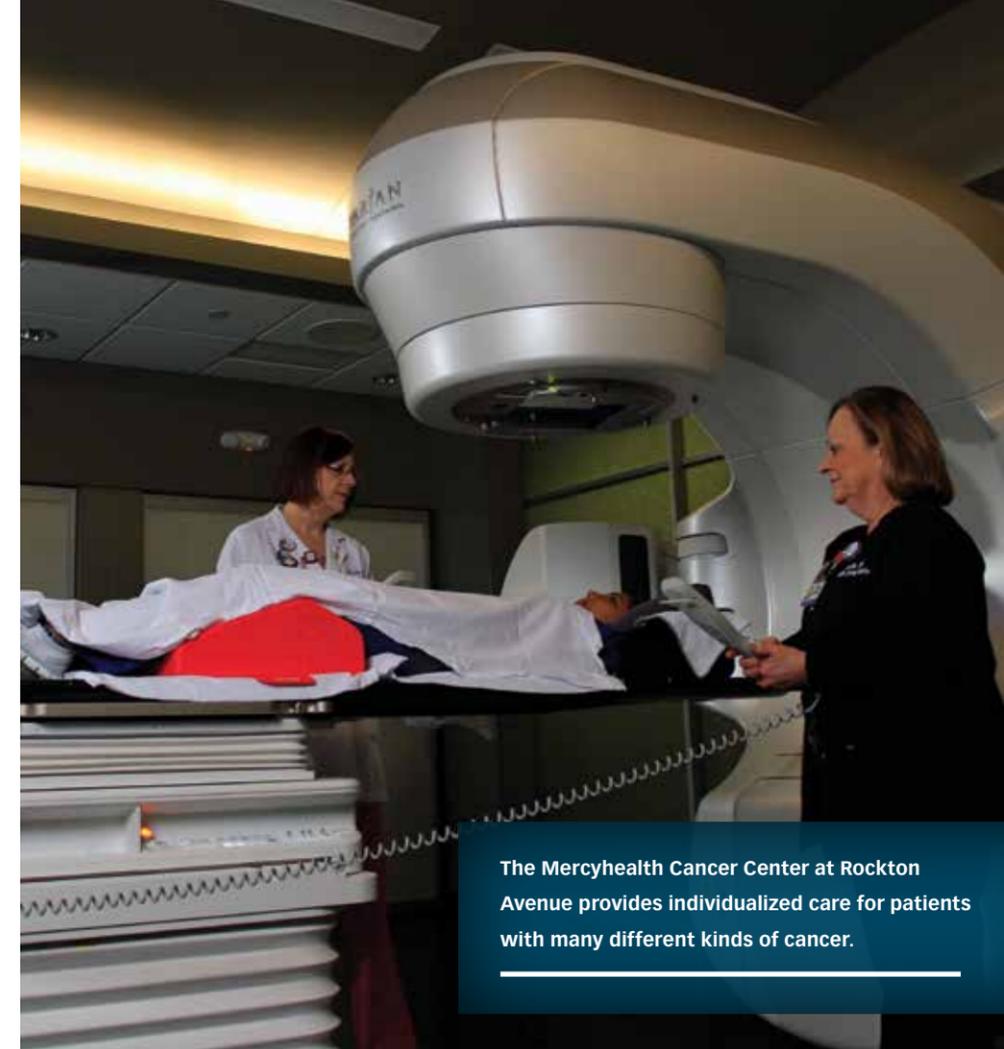


The experts at the Mercyhealth Orthopedic Center of Excellence treat patients of all ages.

### SMALL BABY UNIT

Recently, Mercyhealth Hospital–Rockton Avenue also added a Small Baby Unit in the Level III (highest level) Neonatal Intensive Care Unit (NICU) — one of only two such units in the state of Illinois. The six-bed unit was developed to improve long-term developmental outcomes among the region's rare micro-preemie population — infants born at less than 27 weeks' gestation or weighing less than 1,000 grams (2.2 pounds). The unit was specifically constructed with special lighting and noise reduction to keep stimulation to a minimum to mimic what babies would experience if they were still safely tucked in the mother's womb. Parents are able to use special recliners to spend time practicing "kangaroo care" — skin-to-skin contact with their babies that is proven to help them grow and flourish. In preparation for the unit, the NICU staff received advanced training in the health complexities of extremely low birth weight babies.

The tiniest babies receive highly specialized care at the Level III Neonatal Intensive Care Unit's Small Baby Unit.



The Mercyhealth Cancer Center at Rockton Avenue provides individualized care for patients with many different kinds of cancer.

### CANCER CENTER

Mercyhealth's newly renovated cancer infusion center provides a calm atmosphere for patients, with many windows that overlook a beautiful healing garden. The infusion area offers 16 heated infusion chairs and one private room with a bed. The chair areas give patients more privacy and provide space for specialized nurses to provide excellent patient care.

### ROBOTIC LABORATORY TECHNOLOGY

Mercyhealth invested in new, state-of-the-art robotic laboratory equipment at Mercyhealth Hospital–Rockton Avenue. It is the first local hospital to use this cutting edge technology, which processes blood and urine samples. The machine receives the specimen, enters

the information in the computer's system, prepares the sample for testing and runs the appropriate chemical tests. Afterward, it stores and archives the specimen. If additional testing is needed, the machine automatically retrieves the tube from the storage area and sends the sample back for testing. The technology also allows the machine to identify and prioritize urgent specimens over routine testing. All of the above listed steps happen automatically, minimizing the need to manually handle the samples. This means faster, more predictable test results and allows health care professionals and laboratory staff to spend more time on individual patient care needs.

# A COMMITMENT TO THE COMMUNITY

## RIVERSIDE CAMPUS

OPENING JANUARY 2019

### EXPERT CARE FOR EVERYONE

The new campus will have 194 private inpatient rooms and extensive specialty services, including:

- Level III (highest level) Neonatal Intensive Care Unit (NICU) – 52 beds
- Pediatric inpatient – 12 beds
- Pediatric intensive care (PICU) units – 8 pediatric intensive care beds
- Labor/delivery unit – 32 beds
- Adult inpatient – 72 beds
- Adult intensive care unit (ICU) – 18 beds
- High-risk, state-designated perinatal care
- Pediatric emergency services
- Level I (highest level) emergency/trauma center
- State-of-the-art operating suites and surgical services to support a full range of inpatient and outpatient surgery, including minimally invasive surgery and image-guided surgery
- Pediatric physical and occupational therapy
- State-of-the-art comprehensive diagnostic center, with lab and imaging as well as pharmacy services
- Inpatient dialysis
- Outpatient pediatric infusion
- Outpatient primary and specialty physician care clinics, serving adult and pediatric patients
- Comprehensive cardiac, vascular, peripheral, and neurovascular interventional laboratory

### E. RIVERSIDE HOSPITAL AND MEDICAL CENTER CAMPUS

In January 2019, Mercyhealth will open the region's only **women's and children's hospital, adult hospital, and medical center** — a facility that will provide top-level services for babies, children and adults. Much of the new facility is now fully enclosed, and workers continue to make progress on shaping the future of health care in northern Illinois.

### THE NO. 1 HOSPITAL FOR WOMEN AND CHILDREN

For years, Mercyhealth has been northern Illinois' leader in providing unparalleled care to mothers, babies, and children. Women who experience problems during pregnancy know there is no better place to receive perinatal care. Once their babies are born, they are under the care of experts — neonatologists who are available 24 hours a day, seven days a week to monitor every possible change in a sick baby's health. For babies and older children who need care from the most highly trained expert in a specific field, Mercyhealth offers a range of pediatric subspecialties, including pediatric cardiology, endocrinology, gastroenterology, hematology/oncology, intensivists, neurology, plastic and reconstructive surgery, pulmonology, surgery, urology, hospitalists and intensivists (physicians who care for the children while they are hospitalized). With the opening of the new hospital on Riverside Blvd., Mercyhealth will continue to expand these services — solidifying its position as the No. 1 hospital for women and children.



Mercyhealth's new Riverside campus is planned to open in early 2019.



# A COMMITMENT TO THE COMMUNITY

## NORTHERN ILLINOIS REGION

### A COMMITMENT TO MEDICAL CENTERS ACROSS NORTHERN ILLINOIS

Mercyhealth offers unparalleled care for patients at 14 different clinics and medical centers in Boone, Ogle and Winnebago counties. In recent years, it has expanded, renovated and built clinics to meet the needs of people across the region.

**Cherry Valley:** In September 2016, Mercyhealth Cherry Valley opened. The more than \$3.5 million facility offers family medicine, sports medicine, and lab and X-ray services. Mercyhealth opened the facility to better meet the needs of the residents of Cherry Valley and the southeast quadrant of Rockford.

**Roscoe:** Mercyhealth spent \$8.5 million to renovate and expand Mercyhealth Roscoe. In addition to internal medicine, obstetrics and gynecology, pediatrics, urgent care, and lab and X-ray services, the location now offers physical therapy, podiatry, mammography, computed tomography (CT), magnetic resonance imaging (MRI) and ultrasound diagnostic services.

**Alpine:** Mercyhealth is building a new, 20,000-square-foot facility, Mercyhealth Alpine, at 7802 N. Alpine Rd. in Loves Park. The medical center will offer internal medicine, pediatrics, adult rheumatology, lab and X-ray services. It will also be home to a new family

medicine residency program that will train primary care physicians.

**Mulford:** Construction is underway on Mercyhealth Mulford, 5970 Churchview Drive in Rockford. The medical center will offer internal medicine, lab and X-ray services. It will also be home to a new internal medicine residency program that will train primary care physicians.

**Perryville:** Mercyhealth spent \$1.9 million to give Mercyhealth Perryville a much-needed facelift and add vital, upgraded technology to the facility. The facility is now home to Mercyhealth's corporate offices, which moved there from Janesville in 2016.

**Family and Internal Medicine Residency Programs:** Mercyhealth is developing graduate medical education programs in the Rockford area. The Mercyhealth Graduate Medical Education

Consortium (MHGMEC) received Initial Accreditation as a Sponsoring Institution from the Accreditation Council for Graduate Medical Education (ACGME), an important step in the development of these programs. Starting in July 2019, the health system plans to sponsor family medicine and internal medicine residency programs. By developing these programs, Mercyhealth will not only recruit and retain primary care physicians to the northern Illinois region, but it will also provide residents with the knowledge and skills necessary to be successful physicians in the rapidly changing health care environment. Residents will train at both the Rockton Avenue and E. Riverside Blvd. campuses, along with various outpatient facilities throughout the Rockford area. With these programs, Mercyhealth will be the largest clinical training site for future physicians in the northern Illinois region, training 75 residents each year.



Mercyhealth Roscoe, pictured here, recently underwent an \$8.5 million expansion and renovation.



Mercyhealth opened a Cherry Valley facility in Rockford to better meet the needs of residents in that area.

# A COMMITMENT TO THE COMMUNITY

## OUR PARTNERSHIPS



Mercyhealth hosted its third annual Health and Safety Station event for kids on Saturday, July 22, 2017 at Mercyhealth Hospital–Rockton Avenue. At this free event, children learned important health information while enjoying activities for all ages.



Mercyhealth donated winter essentials to students at Conklin Elementary School in Rockford.

### SERVING PATIENTS THROUGH PARTNERSHIPS

Mercyhealth has dedicated itself to partnering with local and regional health care organizations — all with the goal of bringing the best, most seamless care to Winnebago County residents.

#### CRUSADER COMMUNITY HEALTH

In early 2016, the health care system teamed up with Crusader Community Health, a community-based health care organization that serves people in need in the Rock River Valley area. Now, all pregnant women who seek care at Crusader have their babies at Mercyhealth Hospital–Rockton Avenue. If needed, they also have access to the advanced maternal care at the regional perinatal center, including maternal–fetal medicine, maternal and neonatal transport teams, the Neonatal Intensive Care Unit and the Small Baby Unit.

#### LURIE CHILDREN'S HOSPITAL

Earlier this year, Mercyhealth partnered with Ann & Robert H. Lurie Children's Hospital of Chicago, one of the top children's hospitals in the country. While Mercyhealth already has extensive pediatric subspecialty care right in Rockford, the partnership will give children who have complex and rare conditions local access to advanced outpatient and inpatient services, including pediatric cardiovascular surgery, pediatric plastic surgery, pediatric urology, pediatric hematology/oncology, and 24/7 consultative and telemedicine coverage for pediatric neurocritical care, infectious disease and pediatric emergency medicine.

#### A DEDICATION TO THE COMMUNITY

Mercyhealth is in the community every day, offering free health screenings, classes, presentations, support groups and so much more. It also collaborates with and supports hundreds of organizations and groups, with special attention to helping

children and those less fortunate. Among Mercyhealth's initiatives in the community:

- **Ronald McDonald Care Mobile** – The Mercyhealth Ronald McDonald Care Mobile provides free medical care to uninsured or underinsured children.
- **Project Search** – Mercyhealth has piloted a program with RAMP, an organization that helps disabled individuals live independently, obtain resources and remove barriers that threaten their independence.
- **YMCA Mobile Community Center** Mercyhealth provides funds to the YMCA of Rock River Valley for its Mobile Community Center, a program that delivers wellness, fitness and nutrition services to underserved neighborhoods in the Rockford area.

- **Support for schools** – The health care system purchased bicycles for winners of an achievement award, donated hats and gloves to 1,600 students, and donates volunteer time and school supplies to students at West Middle School and Conklin and Welsh elementary schools.
- **Donations in the community** – In 2016, Mercyhealth donated \$835,000 to hundreds of local organizations in the Rockford region, including the Rockford Park District's SportsCore Two, the University of Illinois College of Medicine at Rockford, Rosecrance, the March of Dimes, the Alzheimer's Foundation of America, the American Heart Association, and the Boys and Girls Club, to name just a few.

### BLUE CROSS AND BLUE SHIELD OF ILLINOIS

For the first time in many years, you can have Blue Cross and Blue Shield of Illinois PPO in-network access to Mercyhealth hospitals, physicians and services:

- Hospitals
  - Includes Mercyhealth Hospital–Rockton Avenue (formerly known as Rockford Memorial Hospital) and the new Mercyhealth Hospital–Riverside Blvd., opening January 2019
- Clinics and specialty centers
- 675+ primary and specialty care physicians
- Home health services
- Hospice services
- Medical equipment and supplies
- Pharmacies
- Urgent care services
- And more

*In-network participation begins on January 1, 2018.*

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# ONE HOSPITAL, TWO CAMPUSES



Hospital Services	Rockton Campus	Riverside Campus
Total Beds	94	194
Adult Inpatient Units	70	72
• Intensive Care Unit	4	18
• Start Down Unit	X	X
• Medical/Surgery Unit	X	X
• Behavioral Health Unit	20	
Cancer Center	X	
Cardiac Cath Lab		X
Emergency Care	X	Level 1
Endoscopy	X	X
Equipment Sterilization	X	X
Family Medicine Residency (July 2019)	X	
Inpatient Dialysis	X	X
Internal Medicine Residency (July 2019)		X
Laboratory	Main Lab	Hospital Lab (Sending some testing to Rockton)
Open Heart Surgery		X
Outpatient Infusion	Adults	Pediatrics
Pain Center	X	
Pharmacy	X	Hospital and Retail
Radiology	X	X
Speciality Surgery (Neurosurgery, Vascular)		X
Surgery	4 Operating Rooms	10 Operating Rooms
• Robotic Assisted Surgery		X
Womens and Childrens		104 Total
• Labor/Delivery		X
• Women and Infants		32 Postpartum/High Risk
• Pediatrics, PICU		12 Peds, 8 PICU
• NICU, Small Baby Unit		52 NICU/Small Baby

Clinics	Rockton Campus	Riverside Campus
Adult Pulmonology	X	X
Bariatrics		X
Cardiac Function	X	X
Cardiac/Pulmonary Rehabilitation	X	
Cardiology/Cardiovascular Surgery	X	X
Child Development		X
Endocrinology	X	
Family Medicine	X	
Gastroenterology	X	X
General Neurology	X	
General Pediatrics	X	
General Surgery and Vascular Surgery	X	X
Internal Medicine	X	
Maternal/Fetal Medicine		X
Neuro Interventional		X
Obstetrics	X	
Ophthalmology	X	
Orthopedics	X	X
Outpatient EEG	X	X
Outpatient EMG	X	
Outpatient Physical Therapy	X	
Pediatric Specialties	X	X
Pediatric Surgery		X
Plastic Surgery	X	X
Podiatry	X	
Rheumatology	X	
Urgent Care	X	
Wound Center	X	