



***Offering direct
anterior total
hip replacement***

Michael Zlowodzki, MD

Board Certified and Fellowship Trained
in Orthopedic Trauma and Hip Preservation
and Replacement

Residency: University of Minnesota, Minneapolis
Fellowship: Duke University, Durham, NC

Dr. Zlowodzki is considered an expert in evidence-based orthopedics. He has published over 50 scientific articles and has given over 120 presentations in 17 countries. He has served as a faculty member in a series of international courses, teaching surgeons how to use scientific evidence in the care of their patients.

Dr. Zlowodzki is one of very few surgeons in Illinois who performs **direct anterior total hip replacement** (see back of this card). This minimally invasive technique requires less muscle cutting, allowing patients to recover quicker with less pain and no range-of-motion restrictions.

Dr. Zlowodzki is certified by the American Board of Orthopaedic Surgery. His special interests include:

- Direct anterior total hip replacements
- Total knee replacements
- Complex fracture care in adults and children

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Direct Anterior Total Hip Replacement

Dr. Zlowodzki is one of very few surgeons in Illinois who performs the direct anterior approach for total hip replacements.

The direct anterior approach is a more modern, less invasive approach compared to traditional approaches. The hip is accessed by dissecting in between muscles rather than cutting through muscles.

Advantages of the direct anterior approach:

- No range-of-motion restrictions
- Less pain
- Quicker recovery
- Shorter hospital stay

Dr. Zlowodzki performs the direct anterior approach for almost all primary total hip replacements. Some patients even qualify for a more cosmetic bikini line skin incision.

