



We are here to help

If your child has experienced trauma, Mercy Options trauma therapists are here to help at two locations:

Mercy Options Behavioral Health Clinic-Janesville
in the Henry Palmer Building
903 Mineral Point Ave.
Janesville, WI 53548
(608) 756-5555
(800) 341-1450

Mercy Options Behavioral Health Clinic-Walworth
N2846 State Rd. 67
Williams Bay, WI 53191
(262) 245-5608



With all our heart. With all our mind.

Mercy Options Behavioral Health Services

Healing childhood trauma



With all our heart. With all our mind.



Law enforcement stops the abuse. Mercy Options heals the wounds.

Unfortunately, many children in Rock County experience traumatic events every day. Physical abuse and sexual abuse are far too common, and often extremely damaging to children.

Fortunately, Mercy Options offers caring and effective services and treatment approaches to help children and their families overcome the harsh impact of trauma.

The importance of a trusting partnership

Treating children who have been traumatized requires special knowledge, sensitivity, training, experience and—most importantly—compassion.

We treat our patients how we would like to be treated. The child is always at the center of our efforts. Our trauma therapists take time to get to know the child and his family. This adds the elements of security, comfort and trust to our care.

Targeted trauma education

While all mental health therapists are licensed to provide psychotherapy, Mercy Options' trauma therapists have special training and/or certification specific to the treatment of children with trauma concerns.

Examples include:

- Certificate in Trauma Counseling from University of Wisconsin-Milwaukee
- Eye Movement Desensitization and Reprocessing (EMDR) certification
- Mindfulness-based Stress Reduction
- Art Therapy with Traumatized Children
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

Years of experience

Mercy Options trauma therapists have years of experience working with children in many behavioral health settings. They have successfully helped many children after their YWCA Care House (Janesville) interviews. These children and families have expressed appreciation and gratitude for the compassionate care they received at such a sensitive time in their lives.

Many paths to healing

Mercy Options trauma therapists do whatever it takes to ease the burdens of abuse children have suffered. That's why we offer children and their families a variety of approaches to meet their many emotional needs.

Our trauma therapists can offer:

- Support and crisis stabilization for the family
- Education about the effects of trauma on the child and the impact on the family
- Help to connect the child and family with caring support in the community
- Focused interventions that help the child and family restore or learn healthy coping skills to manage their confusing emotions and reactions
- Addressing the traumatic incidents directly through treatments such as EMDR or TF-CBT

We know every child and family requires different paths to healing. After a detailed evaluation of the child, and consultation with the child's family, the therapist chooses the services and treatment options that will do the most good.