



## Caring for Caregivers support group

*For loved ones and caregivers of those with cancer*

This FREE support group provides a safe, caring and empathetic setting for you to process how your loved ones' cancer diagnosis has impacted and affected your life.

***Join us to:***

- Share your struggles
- Exchange ideas
- Offer encouragement to your peers
- Learn how to focus on the importance of self-care

**First Thursday of each month**

**Starting September 3**

**6-7 pm**

Mercy Clinic North community room

3800 Deerfield Dr.

Janesville, WI 53546

For more information or to RSVP, call  
Lauren or Amy at (608) 756-5600.



With all our heart. With all our mind.®