

A photograph of several autumn leaves in shades of orange, red, and yellow, floating on a body of water. The leaves are reflected in the water below. The background is a soft, warm yellow light.

Caring for Caregivers

Support Group

For loved ones and caregivers of those with cancer

This FREE support group provides a safe, caring and empathetic setting for you to process how your loved ones' cancer diagnosis has impacted and affected your life.

Join us to:

- Share your struggles
- Exchange ideas
- Offer encouragement to your peers
- Learn how to focus on the importance of self-care

**First Thursday of each month
6-7 pm**

Mercyhealth North community room
3800 Deerfield Dr., Janesville

For more information or to RSVP, call
Michelle at **(608) 756-6824**.

